



PRESS ON

A LETTER FROM PAUL TO THE PHILIPPIANS

Shining Like Stars

Discussion Guide | Oct. 18th, 2020

Before you begin, please read Philippians 2:12-18

1. What are some of the ways “grumbling” and “arguing” manifest themselves in the world around us today?
2. Why do grumbling and arguing need to be addressed? What happens if they go unchecked?
3. How is the arguing that the Apostle Paul mentions here different than a respectful disagreement with someone else?
4. Up to this point in Philippians, a few dominant themes that characterize the letter are joy, gratitude, and humility. How are these virtues (joy, gratitude, and humility) such strong antidotes to the poison of grumbling and arguing?
5. According to verses 14-15, what difference does “living differently” in these ways make? What stands out to you about this?
6. In verses 12 and 13, Paul tells us to “work out our salvation with fear and trembling.” How does this command provide further motivation to take seriously what we’ve seen so far in verses 14-16?
7. Reflect further on verses 12 and 13. Are these verses promoting a salvation based on works (what we do)? (Compare with Ephesians 2:8-9.)
8. Since these verses aren’t promoting a salvation based on works, what are they saying? In your own words, explain how the gospel (Jesus’ finished work for us on the cross) should motivate our effort and action.
9. What practical steps do you need to take this week to AVOID grumbling and arguing, and instead EMBRACE joy, gratitude, and humility?
10. **“Press On” Challenge** – Shine like stars, not grumbling or arguing. Over the course of this next week, work to create a list of FORTY THINGS you’re grateful for. Focus on these things!